

2022-2023

(GST & PST included / Ages by September 1, 2022)

Grown Up & Me (Adult Accompanied): 2 yrs & under

This sessional class is perfect for all little ones age 2 & younger! Together we'll explore movement through music, play & storytelling by using fun props and instruments. This is a comforting introduction to dance with your little mover having you by their side!! Lots of fun to be had by everyone!!

PACKAGE on Jackrabbitt	Class	Days & Times	Length of class(s)	Cost
GU&M	Grown Up & Me	Fall Session (Sept-Nov) Wednesday @ 4:45-5:10 Winter Session (Jan-Mar) Spring Session (Mar-June)	30 min	\$75/ 10 wks + \$10 Registration Fee

Tiny Tots (Dancer Independent): 2-3 yrs

Fall Session (Sept-Nov) Winter Session (Jan-Mar) Spring Session (Mar-June)

Our **Tiny Tots Program** is a happy & exciting introduction to dance for your little dancer! Offered in sessional classes, your dancer will explore Ballet through creative movement, play, music and storytelling with the use of fun props and instruments. Your little tot will have so much fun learning & twirling in this fun & engaging class!

PACKAGE on Jackrabbitt	Class	Days & Times	Length of class(s)	Cost	Regulation Dancewear
FTT1 (fall) WTT1 (winter) STT1 (spring)	Tiny Tots	Mondays @ 4:30-4:55	30 min	\$100 / 10 wks + \$10 Registration Fee	Tights, bodysuit of their choice OR fitted clothing & ballet shoes
FTT2 (fall) WTT2 (winter) STT2 (spring)	Tiny Tots	Thursdays @ 5:45-6:10	30 min	\$100 / 10 wks + \$10 Registration Fee	

Tippy Toes Program (Ballet & Jazz Combo): 4 yrs

Ballet is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone.

Jazz offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass!

Dancers will perform 2 dances; ballet & jazz at the year end recital. Tippy Toes is offered either Thursdays or Saturdays.

PACKAGE on Jackrabbitt	Class	Days & Times	Length of class(s)	Cost	Costume/Registration Fees	Regulation Dancewear
TT1	Tippy Toes 1	Thursdays @ 4:45pm-5:40pm	60 min/wk 30 min Ballet 30 min Jazz	\$75/payment	\$140 2 Costumes: \$70/costume	Ballet pink tights, bodysuit of their choice (no underwear), Block full sole leather ballet shoes & black jazz shoes Hair – bun or high ponytail
TT2	Tippy Toes 2	Saturdays @ 9:45am-10:40am				
TT3	Tippy Toes 3	Tuesdays @ 5:45pm-6:40pm If enough interest				

Just 4 Fun Program: 7+ yrs

(If registering in the following classes, you are NOT interested in competing. Classes run all year and are showcased at the year end show)

* Classes are dependent on enrollment

* Once enrolled in 1 Just For Fun Class, each additional class is 1/2 price

Ballet & Lyrical: Ballet is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. **Lyrical:** Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music

Jazz & VIBE 'n' Poms: This program has a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus. Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! (Poms are provided) **Tap** dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class!

PACKAGE on Jackrabbitt	Class	Days & Times	Length of class(s)	Cost	Costume/Registration Fees	Regulation Dancewear
J4FHH	Hip Hop	Wednesdays @ 5:15pm-5:55pm	45 min	\$65 /payment	\$85 (1 Costume)	Loose fitted clothing or dance wear & nike runners.
J4FT	Tap	Wednesdays @ 4:30pm-5:10pm	45 min	\$65 /payment	\$85 (1 Costume)	Tap shoes, jazz shoes, ballet shoes Tight fitted clothing OR convertible tights, bodysuit, booty shorts
J4FHH	Hip Hop	Wednesdays @ 5:15pm-5:55pm	45 min	\$65 /payment	\$85 (1 Costume)	
J4FJ/P	Jazz / Pom	Thursdays @ 6:15pm-6:55pm	45 min	\$65 /payment	\$85 (1 Costume)	
J4FL/B	Lyrical / Ballet	Thursdays @ 7:00pm-7:40pm	45 min	\$65 /payment	\$85 (1 Costume)	

Adult Program:

PACKAGE on Jackrabbitt	Class	Days & Times	Length of class(s)	Cost
AB	Adult Ballet	Mondays @ 6:15pm-7:10pm	60 min	Registrations Fee : \$10 (Student Discount: No registration fee) \$50 payment/class/monthly \$25 payment for each additional class
AT	Adult Tap	Mondays @ 7:30pm-8:25pm	60 min	
AHH	Adult Hip Hop	Tuesdays @ 8:15pm-9:10pm	60 min	
AJ	Adult Jazz / Pom	Wednesdays @ 9:00pm-9:55pm	60 min	

Preliminary Program: Minis & Beginners (Dancers may be offered the opportunity to compete 1 or more dances at the discretion of the instructor!)

Minis (PrePrimary): 5 yrs (All genres will dance in the recital)

*** Class required: Ballet is required for tap & jazz. It is not required if enrolled in VIBE 'n' Pom & Hip Hop, but recommended**

Ballet is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone.

Jazz program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus.

Tap dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all.

Acrobatic Arts: Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone!

Hip Hop: Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class!

VIBE 'n' POMS: Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! This class is new for our minis and we're so excited to be able to offer it to our dancers this season! (Poms are provided)

PACKAGE on Jackrabbitt	Class	Days & Times	Length of class(s)	Cost	Costume Fee	Regulation Dancewear
M1B	*Mini Ballet 1	Wednesdays @ 5:15-5:55	45 min /wk	\$65/payment	\$100 (1 Costume)	Ballet pink tights, Pink bodysuit. Block full sole leather ballet shoes
M2B	*Mini Ballet 2	Saturdays @ 9:30am-10:10am				
M1J	Mini Jazz 1 * Ballet is required	Wednesdays @ 6:00-6:40	45 min /wk	\$65/payment	Discount if enrolled in Mini Ballet \$30/payment	Same as Ballet : Ballet pink tights, Pink bodysuit. Black jazz shoes
M2J	Mini Jazz 2 * Ballet is required	Saturdays @ 10:15am-10:55am				
MB3	Mini Tap * Ballet is required	Saturdays @ 11:00am-11:40am	45 min /wk	\$65/payment	Discount if enrolled in Mini Ballet & Jazz \$30/payment	<i>Capezio</i> Mary Jane Tap Shoe in Caramel, low heel.
MB4	Mini Acro (Ballet & Jazz are recommended)	Wednesdays @ 4:30-5:10	45 min /wk	\$65/payment	Discount if enrolled in Mini Ballet \$30/payment	Jazz attire or convertible light tan tights, sports bra, booty shorts. No shoes
M5	Mini Hip Hop	Mondays @ 5:00-5:25	30 min /wk	\$55/payment	Discount if enrolled in 1 other class \$37.5/payment	Loose fitted clothing worn overtop dance attire if applicable & black Nikes with white soles
M6	Mini VIBE 'n' Pom (Ballet & Jazz are recommended)	Mondays @ 5:30-5:55	30 min /wk	\$55/payment	Discount if enrolled in 1 other class \$37.5/payment	Dance attire (tight fitting) Black jazz shoes

Preliminary Program: Minis & Beginners

(Dancers may be offered the opportunity to compete 1 or more dancers at the discretion of the instructor!)

Beginner (Primary) : 6 yrs

*** Class required: Ballet is required for tap & jazz. It is not required if enrolled in VIBE 'n' Pom & Hip Hop, but recommended**

Ballet is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone.

Jazz program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus.

Tap dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all.

Acrobatic Arts: Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone!

Hip Hop: Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class!

VIBE 'n' POMS: Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! This class is new for our beginners and we're so excited to be able to offer it to our dancers this season! (Poms are provided)

PACKAGE on Jackrabbit	Class	Days & Times	Length of class(s)	Cost	Costume Fee	Regulation Dancewear	
B1B	*Beginner Ballet 1	Mondays @ 5:15-5:55	45 min /wk	\$65/payment	\$100 (1 Costume)	Ballet pink tights, Pink bodysuit. <i>Block</i> full sole leather ballet shoes	
B2B	*Beginner Ballet 2	Saturdays @ 11:45am-12:25pm					
B1J	Beginner Jazz 1 * Ballet is required	Mondays @ 6:00-6:40	45 min /wk	\$65/payment	Discount if enrolled in Beginner Ballet \$30/payment	\$200 (2 Costumes)	
B2J	Beginner Jazz 2 * Ballet is required	Saturdays @ 12:30-1:10					
MB3	Beginner Tap * Ballet is required	Saturdays @ 11:00am-11:45am	45 min /wk	\$65/payment	Discount if enrolled in Beginner Ballet & Jazz \$30/payment	\$100 (1 Costume)	<i>Capezio</i> Mary Jane Tap Shoe in Caramel, low heel.
MB4	Beginner Acro (Ballet & Jazz are recommended)	Wednesdays @ 4:30-5:10	45 min /wk	\$65/payment	Discount if enrolled in Beginner Ballet \$30/payment	\$100 (1 Costume)	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
B5	Beginner Hip Hop	Wednesdays @ 5:15-5:55	45 min /wk	\$65/payment	Discount if enrolled in 1 other class \$47.5/payment	\$100 (1 Costume)	Loose fitted clothing worn overtop dance attire if applicable & black Nikes with white soles
B6	Beginner VIBE 'n' Pom (Ballet & Jazz are recommended)	Wednesdays @ 6:00-6:40	45 min /wk	\$65/payment	Discount if enrolled in 1 other class \$47.5/payment	\$100 (1 Costume)	Dance attire (tight fitting) Black jazz shoes

COMPETITIVE: If registering in the following classes, you are agreeing to the possibility of competing @ the instructor's discretion. Dancers may change classes/levels.

Level 1 (Gr 1 Ballet): 7 yrs * Class(es) is/are required: 1. Ballet is required for all genres except Hip Hop & Acro Tech 2. Flex (Flexibility) is required

* Jazz & Ballet is recommended if enrolling in VIBE 'n' Pom

* If enrolling in Acro Choreography, must be enrolled in Acro Tech (Acro Tech is recommended if enrolling in other genres to perform the skills in choreo)

Class Descriptions: **Ballet** is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. Dancers at this level are required to enroll in 2 ballet classes/wk. Ballet Tech 1 & Ballet 1|Ballet 2 which is a choreo class. **Jazz** program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus & is complimented by the Flex class. **Tap** dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all. **Acrobatic Arts:** Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone! There are 2 class options, where participants will be placed by the instructor into a Tech class based on their ability level. Participants may move from one Acro Tech class to another throughout the season. Participants must be enrolled in Acro Tech to be enrolled in Acro Choreo. **Lyrical/Contemporary:** Requisite(s): Ballet & Jazz (Flex, Progressions & Conditioning) *Acro Skills Class is recommended. Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music.. **Musical Theatre:** Musical Theatre is a form of theatrical performance that combines song, acting & dance. A strong performance on stage is a combination of technique & storytelling. This is a fun dance for all dancers! **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class! **VIBE 'n' POMS:** Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! Participants may be invited to compete this season. (Poms are provided). **Improve:** This is a fun, new, class that Acro & all competitive dancers are invited and encouraged to enrol in. This class will focus on performance skills, characterization of music, movement, audition skills and muscle memory (remembering choreo)!

PACKAGE on Jackrabbit	CLASS	DAYS & TIMES	LENGTH OF CLASSE(s)	COST		COSTUME FEE	Regulation Dancewear
1A (Required if taking different genres except Hip Hop)	* Ballet (Ballet Tech 1 & Ballet 1)	Mondays @ 5:15-5:55 Thursdays @ 5:30-6:10	2 classes 45 min/wk	45min+45min \$65+\$65 = \$130 \$95/payment	Ballets + Flex \$130 + \$65 = \$195 \$ Bundled Discount Ballets + Flex \$95 + \$25 \$120/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, canvas ballet shoes
	* Flex 1	Mondays @ 6:45-7:10	30 min/wk	\$55/payment		-----	
12B	Jazz 1 * Package 1A is required	Tuesdays @ 6:00-6:40	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$45/payment	\$100 (1 Costume)	Convertible light tan tights, bodysuit/fitted top, booty shorts or fitted top, leggings & beige jazz shoes.
12C	Tap 1 * Package 1A is required	Tuesdays @ 5:15-5:55	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$100 (1 Costume)	Jazz attire & Capezio Mary Jane or Lilina Tap Shoe Caramel. Low heel
12D	Lyrical 1 * Package 1A is required	Thursdays @ 6:15-6:55	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, canvas ballet shoes
12E	Musical Theatre 1 * Package 1A is required	Thursdays @ 4:45-5:25	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, beige jazz shoes
12VP	VIBE 'n' Pom 1 * Ballet & Jazz are recommended	Mondays @ 6:00-6:40	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$30/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, beige jazz shoes
12F	Hip Hop 1 (No other classes are required)	Tuesdays @ 6:45-7:25	45 min/wk	\$65/payment		\$100 (1 Costume)	Loose fitted clothing that can be worn over top dance attire if applicable & black Nikes with white soles
AT1&2	Acro Tech (No other classes are required) Participants will be placed in either Group 1 or Group 2 based on their skills levels. Participants may change groups throughout the season.	Fridays Acro Tech 2 @ 4:30-5:10 Acro Tech 1 @ 6:00-6:40	45 min/wk	\$65/payment		-----	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
AC	Acro Choreography* Must be enrolled in Acro Tech* Ballet & Jazz is recommended – if not enrolled in Ballet & Jazz, enrollment in Acro Choreo is at the discretion of the instructor	Fridays @ 5:15-5:55	45 min/wk	\$65/payment	\$ Bundled Discount Acro Tech + Choreo \$65 + \$30 \$90/payment	\$100 (1 Costume)	
I1&2	Improve * Recommended for competitive dancers	Fridays Improve 1 @ 4:30-5:10 Improve 2 @ 6:00-6:40	45 min/wk	Free if enrolled in 1 other class		-----	Same as Acro Tech/Choreo

COMPETITIVE: If registering in the following classes, you are agreeing to the possibility of your dancer competing @ the instructor's discretion. Dancers may change classes/levels.

Level 2 (Gr 2 Ballet): 8 yrs* Class(es) is/are required: **1. Ballet is required for all genres except Hip Hop & Acro Tech 2. Flex (Flexibility) is required** * Jazz & Ballet is recommended if enrolling in VIBE 'n'

Pom * If enrolling in Acro Choreography, must be enrolled in Acro Tech (Acro Tech is recommended if enrolling in other genres to perform the skills in choreo)

Class Descriptions: **Ballet** is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. Dancers at this level are required to enroll in 2 ballet classes/wk. Ballet Tech 2 & Ballet 1|Ballet 2 which is a choreo class. **Jazz** program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus & is complimented by the Flex class. **Tap** dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all. **Acrobatic Arts:** Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone! There are 2 class options, where participants will be placed by the instructor into a Tech class based on their ability level. Participants may move from one Acro Tech class to another throughout the season. Participants must be enrolled in Acro Tech to be enrolled in Acro Choreo. **Lyrical/Contemporary:** Requisite(s): Ballet & Jazz (Flex, Progressions & Conditioning) *Acro Skills Class is recommended. Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music. **Musical Theatre:** Musical Theatre is a form of theatrical performance that combines song, acting & dance. A strong performance on stage is a combination of technique & storytelling. This is a fun dance for all dancers! **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class! **VIBE 'n' POMS:** Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! Participants may be invited to compete this season. (Poms are provided). **Improve:** This is a fun, new, class that Acro & all competitive dancers are invited and encouraged to enrol in. This class will focus on performance skills, characterization of music, movement, audition skills and muscle memory (remembering choreo)!

PACKAGE on Jackrabbitt	CLASS	DAYS & TIMES	LENGTH OF CLASSE(S)	COST		COSTUME FEE	Regulation Dancewear
2A (Required if taking different genres except Hip Hop)	* Ballet (Ballet Tech 2 & Ballet 2)	Mondays @ 7:15-7:55 Thursdays @ 5:30-6:10	2 classes 45 min/wk	45min+45min \$65+\$65 = \$130	Ballets + Flex \$130 + \$65 = \$195	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, canvas ballet shoes Character shoes/skirt Info will be shared by instructor
	* Flex 2	Mondays @ 6:45-7:10	30 min/wk	\$65/payment	\$ Bundled Discount Ballets + Flex \$95 + \$25 \$120/payment		
12B	Jazz 2 * Package 2A is required	Tuesdays @ 6:00-6:40	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$45/payment	\$100 (1 Costume)	Convertible light tan tights, bodysuit/fitted top, booty shorts or fitted top, leggings & beige jazz shoes.
12C	Tap 2 * Package 2A is required	Tuesdays @ 5:15-5:55	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$100 (1 Costume)	Jazz attire & Capezio Mary Jane or Lilina Tap Shoe Caramel. Low heel
12D	Lyrical 2 * Package 2A is required	Thursdays @ 6:15-6:25	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, canvas ballet shoes
12E	Musical Theatre 2 * Package 2A is required	Thursdays @ 4:45-5:25	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, beige jazz shoes
12VP	VIBE 'n' Pom 2 * Ballet & Jazz are recommended	Mondays @ 6:00-6:40	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$30/payment	\$100 (1 Costume)	Black bodysuit, salmon convertible tights, beige jazz shoes
12F	Hip Hop 2 (No other classes are required)	Tuesdays @ 6:45-7:25	45 min/wk	\$65/payment		\$100 (1 Costume)	Loose fitted clothing that can be worn over top dance attire if applicable & black Nikes with white soles
AT1&2	Acro Tech (No other classes are required) Participants will be placed in either Group 1 or Group 2 based on their skills levels. Participants may change groups throughout the season.	Fridays Acro Tech 2 @ 4:30-5:10 Acro Tech 1 @ 6:00-6:40	45 min/wk	\$65/payment		-----	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
AC	Acro Choreography * Must be enrolled in Acro Tech * Ballet & Jazz is recommended - If not enrolled in Ballet & Jazz, enrollment in Acro Choreo is at the discretion of the instructor	Fridays @ 5:15-5:55	45 min/wk	\$65/payment	\$ Bundled Discount Acro Tech + Choreo \$65 + \$30 \$90/payment	\$100 (1 Costume)	
I1&2	Improve * Recommended for competitive dancers	Fridays Improve 1 @ 4:30-5:10 Improve 2 @ 6:00-6:40	45 min/wk	Free if enrolled in 1 other class		-----	Same as Acro Tech/Choreo

COMPETITIVE: If registering in the following classes, you are agreeing to the possibility of your dancer competing @ the instructor's discretion. Dancers may change classes/levels.

Level 3 (Gr 3 Ballet): 9 yrs * Class(es) is/are required: 1. Ballet is required for all genres except Hip Hop & Acro Tech 2. Flex (Flexibility) & Conditioning (PBT) is required

* Jazz & Ballet is recommended if enrolling in VIBE 'n' Pom * If enrolling in Acro Choreography, must be enrolled in Acro Tech (Acro Tech is recommended if enrolling in other genres to perform the skills in choreo)

Class Descriptions: Ballet is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. Dancers at this level are required to enroll in 2 ballet classes/wk. Ballet Tech 3 & Ballet 3|Ballet 4 which is a choreo class & Conditioning (PBT Training). Jazz program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus & is complimented by the Flex class. Tap dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all. **Acrobatic Arts:** Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone! There are 2 class options, where participants will be placed by the instructor into a Tech class based on their ability level. Participants may move from one Acro Tech class to another throughout the season. Participants must be enrolled in Acro Tech to be enrolled in Acro Choreo. **Lyrical/Contemporary:** Requisite(s): Ballet & Jazz (Flex, Progressions & Conditioning) *Acro Skills Class is recommended. Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music. **Modern:** Modern is a form of dance that adds a new dimension to the dancers training. Starting at Level 4, this style allows dancers to further their emotional execution & express themselves through their movements. **Musical Theatre:** Musical Theatre is a form of theatrical performance that combines song, acting & dance. A strong performance on stage is a combination of technique & storytelling. This is a fun dance for all dancers! **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class! **VIBE 'n' POMs:** Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! Participants may be invited to compete this season. (Poms are provided). **Improve:** This is a fun, new, class that Acro & all competitive dancers are invited and encouraged to enrol in. This class will focus on performance skills, characterization of music, movement, audition skills and muscle memory (remembering choreo)!

PACKAGE on Jackrabbit	CLASS	DAYS & TIMES	LENGTH OF CLASSE(S)	COST		COSTUME FEE	Regulation Dancewear
3A (Required if taking different genres except Hip Hop)	* Ballet (Ballet 3 & Ballet Tech 3) * Flex 3 * Conditioning 3 (PBT)	Wednesdays @ 5:00-5:40 Thursdays @ 4:45-5:25	2 classes 45 min/wk	45min+45min \$65 + \$65 = \$130	Ballets + Flex + Conditioning \$130 + \$65 + \$65 = \$260	\$105 (1 Costume)	Black bodysuit, salmon convertible tights, canvas ballet shoes Character shoes/skirt Info will be shared by instructor
		Tuesdays @ 6:45-7:25	45 min/wk	\$65/payment	\$ Bundled Discount Ballets + Flex + Cond. \$95 + \$35 + \$25 \$150/payment		
		Thursdays @ 7:15-7:40	30 min/wk	\$55/payment			
34B	Jazz 3 * Package 3A is required	Tuesdays @ 5:15-5:55	45 min/wk	\$65/payment		\$105 (1 Costume)	Convertible light tan tights, bodysuit/ fitted top & booty shorts OR fitted top & leggings. No Shoes
34C	Tap 3 * Package 3A is required	Tuesdays @ 6:00-6:40	45 min/wk	\$65/payment		\$105 (1 Costume)	Jazz attire & Capezio Mary Jane or Lilina Tap Shoe Caramel. Low heel
34D	Lyrical 3 * Package 3A is required	Thursdays @ 5:30-6:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 3
34E	Musical Theatre 3 * Package 3A is required	Thursdays @ 6:15-6:45	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 3
34VP	VIBE 'n' Pom 3 * Ballet & Jazz are recommended	Wednesdays @ 6:45-7:25	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$30/payment	\$105 (1 Costume)	Same as Jazz 3
34F	Hip Hop 3 (No other classes are required)	Tuesdays @ 7:30-8:10	45 min/wk	\$65/payment		\$105 (1 Costume)	Loose fitted clothing that can be worn ovetop dance attire if applicable & black Nikes with white soles
34G	Modern 3 * Package 3A is required	Wednesdays @ 6:00-6:40	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 3
AT1&2	Acro Tech (No other classes are required) Participants will be placed in either Group 1 or Group 2 based on their skills levels. Participants may change groups throughout the season.	Fridays Acro Tech 2 @ 4:30-5:10 Acro Tech 1 @ 6:00-6:40	45 min/wk	\$65/payment		-----	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
AC	Acro Choreography* Must be enrolled in Acro Skills* Ballet & Jazz is recommended - If not enrolled in Ballet & Jazz, enrollment in Acro Choreo is at the discretion of the instructor	Fridays @ 5:15-5:55	45 min/wk	\$65/payment	\$ Bundled Discount Acro Tech + Choreo \$65 + \$30 \$90/payment	\$105 (1 Costume)	
I1&2	Improve * Recommended for competitive dancers This is a free class offered to participants who are enrolled in the Acro Tech 1 &/or 2.	Fridays Improve 1 @ 4:30-5:10 Improve 2 @ 6:00-6:40	45 min/wk	Free if enrolled in 1 other class		-----	Same as Acro Tech/Choreo

COMPETITIVE: If registering in the following classes, you are agreeing to the possibility of your dancer competing @ the instructor's discretion. Dancers may change classes/levels.

Level 4 (Gr 4 Ballet): 10+ yrs * Class(es) is/are required: 1. Ballet is required for all genres except Hip Hop & Acro Tech 2. Flex (Flexibility) & Conditioning (PBT) is required

* Jazz & Ballet is recommended if enrolling in VIBE 'n' Pom * If enrolling in Acro Choreography, must be enrolled in Acro Tech (Acro Tech is recommended if enrolling in other genres to perform the skills in choreo)

Class Descriptions: **Ballet** is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. Dancers at this level are required to enroll in 2 ballet classes/wk. Ballet Tech 4 & Ballet 3|Ballet 4 which is a choreo class & Conditioning (PBT Training). **Jazz** program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus & is complimented by the Flex class. **Tap** dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all. **Acrobatic Arts:** Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone! There are 2 class options, where participants will be placed by the instructor into a Tech class based on their ability level. Participants may move from one Acro Tech class to another throughout the season. Participants must be enrolled in Acro Tech to be enrolled in Acro Choreo. **Lyrical/Contemporary:** Requisite(s): Ballet & Jazz (Flex, Progressions & Conditioning) *Acro Skills Class is recommended. Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music. **Modern:** Modern is a form of dance that adds a new dimension to the dancers training. Starting at Level 4, this style allows dancers to further their emotional execution & express themselves through their movements. **Musical Theatre:** Musical Theatre is a form of theatrical performance that combines song, acting & dance. A strong performance on stage is a combination of technique & storytelling. This is a fun dance for all dancers! **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class! **VIBE 'n' POMs:** Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! Participants may be invited to compete this season. (Poms are provided). **Improve:** This is a fun, new, class that Acro & all competitive dancers are invited and encouraged to enrol in. This class will focus on performance skills, characterization of music, movement, audition skills and muscle memory (remembering choreo)!

PACKAGE on Jackrabbitt	CLASS	DAYS & TIMES	LENGTH OF CLASSE(S)	COST		COSTUME FEE	Regulation Dancewear
4A (Required if taking different genres except Hip Hop)	* Ballet (Ballet 4 & Ballet Tech 4) * Flex 4 * Conditioning 4 (PBT)	Wednesdays @ 5:00-5:40 Thursdays @ 7:45-8:25	2 classes 45 min/wk	\$95/payment	Ballets + Flex + Conditioning \$130 + \$65 + \$65 = \$260	\$105 (1 Costume)	Black bodysuit, salmon convertible tights, canvas ballet shoes Character shoes/skirt Info will be shared by instructor
		Tuesdays @ 6:45-7:25	45 min/wk	\$65/payment	\$ Bundled Discount Ballets + Flex + Cond. \$95 + \$35 + \$25 \$150/payment		
		Thursdays @ 7:15-7:40	30 min/wk	\$55/payment			
34B	Jazz 4 * Package 4A is required	Tuesdays @ 5:15-5:55	45 min/wk	\$65/payment		\$105 (1 Costume)	Convertible light tan tights, bodysuit/ fitted top & booty shorts OR fitted top & leggings. No Shoes
34C	Tap 4 * Package 4A is required	Tuesdays @ 6:00-6:40	45 min/wk	\$65/payment		\$105 (1 Costume)	Jazz attire & Capezio Mary Jane or Lilina Tap Shoe Caramel. Low heel
34D	Lyrical 4 * Package 4A is required	Thursdays @ 5:30-6:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 4
34E	Musical Theatre 4 * Package 4A is required	Thursdays @ 6:15-6:55	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 4
34VP	VIBE 'n' Pom 4 * Ballet & Jazz are recommended	Wednesdays @ 6:45-7:25	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$30/payment	\$105 (1 Costume)	Same as Jazz 4
34F	Hip Hop 4 (No other classes are required)	Tuesdays @ 7:30-8:10	45 min/wk	\$65/payment		\$105 (1 Costume)	Loose fitted clothing that can be worn ovetop dance attire if applicable & black Nikes with white soles
34G	Modern 4 * Package 4A is required	Wednesdays @ 6:00-6:40	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 4
AT1&2	Acro Tech (No other classes are required) Participants will be placed in either Group 1 or Group 2 based on their skills levels. Participants may change groups throughout the season.	Fridays Acro Tech 2 @ 4:30-5:10 Acro Tech 1 @ 6:00-6:40	45 min/wk	\$65/payment		-----	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
AC	Acro Choreography* Must be enrolled in Acro Skills* Ballet & Jazz is recommended - If not enrolled in Ballet & Jazz, enrollment in Acro Choreo is at the discretion of the instructor	Fridays @ 5:15-5:55	45 min/wk	\$65/payment	\$ Bundled Discount Acro Tech + Choreo \$65 + \$30 \$90/payment	\$105 (1 Costume)	
I1&2	Improve * Recommended for competitive dancers This is a free class offered to participants who are enrolled in the Acro Tech 1 &/or 2.	Fridays Improve 1 @ 4:30-5:10 Improve 2 @ 6:00-6:40	45 min/wk	Free if enrolled in 1 other class		-----	Same as Acro Tech/Choreo

COMPETITIVE: If registering in the following classes, you are agreeing to the possibility of your dancer competing @ the instructor's discretion. Dancers may change classes/levels.

Level 6: 11+ yrs * Class(es) is/are required: 1. Ballet is required for all genres except Hip Hop & Acro Tech 2. Flex (Flexibility) & Conditioning (PBT) is required

* Jazz & Ballet is recommended if enrolling in VIBE 'n' Pom * If enrolling in Acro Choreography, must be enrolled in Acro Tech (Acro Tech is recommended if enrolling in other genres to perform the skills in choreo)

Class Descriptions: **Ballet** is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. Dancers at this level are required to enroll in 3 ballet classes/wk. Ballet Tech 6 & Ballet 6/Ballet 7 which is a choreo class, Pointe 6/Pointe 7 & Conditioning (PBT Training). **Jazz** program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus & is complimented by the Flex class. **Tap** dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all. **Acrobatic Arts:** Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone! There are 2 class options, where participants will be placed by the instructor into a Tech class based on their ability level. Participants may move from one Acro Tech class to another throughout the season. Participants must be enrolled in Acro Tech to be enrolled in Acro Choreo. **Lyrical/Contemporary:** Requisite(s): Ballet & Jazz (Flex, Progressions & Conditioning) *Acro Skills Class is recommended. Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music. **Modern:** Modern is a form of dance that adds a new dimension to the dancers training. Starting at Level 4, this style allows dancers to further their emotional execution & express themselves through their movements. **Musical Theatre:** Musical Theatre is a form of theatrical performance that combines song, acting & dance. A strong performance on stage is a combination of technique & storytelling. This is a fun dance for all dancers! **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class! Dancers are encouraged to enroll in **Hip Hop Tech 6 | Hip Hop Tech 7** which will be offered from Sept-Dec! **VIBE 'n' POMS:** Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part poms!!! Participants may be invited to compete this season. (Poms are provided). **Improve:** This is a fun, new, class that Acro & all competitive dancers are invited and encouraged to enroll in. This class will focus on performance skills, characterization of music, movement, audition skills and muscle memory

PACKAGE on Jackrabbitt	CLASS	DAYS & TIMES	LENGTH OF CLASSE(S)	COST		COSTUME FEE	Regulation Dancewear
6A (Require d if taking different genres except Hip Hop)	* Ballet (Ballet 6 & Ballet Tech 6) * Pointe 6	Wednesdays @ 5:45-6:40 & Thursdays @ 6:15-7:10	2 hrs/wk	\$150/payment	Ballet + Conditioning + Flex + Pointe \$150 + \$65 + \$55 + \$65 \$335/payment	\$210 (2 Costumes)	Black bodysuit, salmon convertible tights, canvas ballet shoes Pointe Info will be shared by instructor
		Wednesdays 6:45-7:25	45 min/wk	\$65/payment			
	* Conditioning 6 * Flex 6	Thursdays @ 7:15-7:40	30 min/wk	\$55/payment	Bundle Discount: Ballet + Pointe: 1h ¼ +1hr 15min \$85 + \$75 = \$160 Ballet & Point + Flex + Conditioning \$160 + \$35 + \$25 \$220/payment		
		Tuesdays @ 6:45-7:25	45 min/wk	\$65/payment			
67B	Jazz 6 * Package 6A is required	Tuesdays @ 7:30-8:25	60 min/wk	\$75/payment		\$105 (1 Costume)	Convertible light tan tights, bodysuit/fitted top & booty shorts OR fitted top & leggings. No Shoes
67C	Tap 6 * Package 6A is required	Tuesdays @ 4:30-5:10	45 min/wk	\$65/payment		\$105 (1 Costume)	Jazz attire & So Dance Lace Up Tap Shoe in black.
67D	Lyrical 6 * Package 6A is required	Tuesdays @ 8:30-9:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 6
6E	Musical Theatre 6 * Package 6A is required	Thursdays @ 8:30-9:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 6
67VP	VIBE 'n' Pom 6 * Ballet & Jazz are recommended	Wednesdays @ 8:15-8:55	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$30/payment	\$105 (1 Costume)	Same as Jazz 6
67F	Hip Hop 6 (No other classes are required)	Thursdays @ 7:45-8:25	45 min/wk	\$65/payment		\$105 (1 Costume)	Loose fitted clothing that can be worn over top dance attire if appl. & black Nikes with white soles
67FT	Hip Hop Tech 6 (Recommended if enrolled in Hip Hop)	(Sept-Dec) Tuesdays @ 6:00-6:40	45 min/wk	\$32.5/payment		-----	
67G	Modern 6 * Package 6A is required	Wednesdays @ 7:30-8:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 6
AT1&2	Acro Tech (No other classes are required) Participants will be placed in either Group 1 or Group 2 based on their skills levels. Participants may change groups throughout the season.	Fridays Acro Tech 2 @ 4:30-5:10 Acro Tech 1 @ 6:00-6:40	45 min/wk	\$65/payment		-----	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
AC	Acro Choreography * Must be enrolled in Acro Skills* Ballet & Jazz is recommended – If not enrolled in Ballet & Jazz, enrollment in Acro Choreo is at the discretion of the instructor	Fridays @ 5:15-5:55	45 min/wk	\$65/payment	\$ Bundled Discount Acro Tech + Choreo \$65 + \$30 \$90/payment	\$105 (1 Costume)	
11&2	Improve * Recommended for competitive dancers This is a free class offered to participants who are enrolled in the Acro Tech 1 &/or 2.	Fridays Improve 1 @ 4:30-5:10 Improve 2 @ 6:00-6:40	45 min/wk	Free if enrolled in 1 other class		-----	Same as Acro Tech/Choreo

COMPETITIVE: If registering in the following classes, you are agreeing to the possibility of your dancer competing @ the instructor's discretion. Dancers may change classes/levels.

Level 7 (Advanced): 15yrs * Class(es) is/are required: 1. Ballet is required for all genres except Hip Hop & Acro Tech 2. Flex (Flexibility) & Conditioning (PBT) is required

* Jazz & Ballet is recommended if enrolling in VIBE 'n' Pom * If enrolling in Acro Choreography, must be enrolled in Acro Tech (Acro Tech is recommended if enrolling in other genres to perform the skills in choreo)

Class Descriptions: Ballet is the foundation for every dance discipline, due to the highly precise and formal technique. Our ballet program follows the RAD syllabus and we offer classes for everyone. Dancers at this level are required to enroll in 3 ballet classes/wk. Ballet Tech 7 & Ballet 6|Ballet 7 which is a choreo class, Pointe 6|Pointe 7 & Conditioning (PBT Training). Jazz program offers dancers the opportunity to further their dance education. With a strong emphasis on technique, flexibility and strength, Jazz is fun class with lots of style & sass! Our Jazz Program follows the ADAPT syllabus & is complimented by the Flex class. Tap dance is a genre which helps dancers with coordination, rhythm & musicality. Dancers use their shoes to execute the steps and make precise clear sounds with their feet. Following the CDTA syllabus our tap program is designed for all. **Acrobatic Arts:** Following the Acrobatic Arts syllabus, this program focuses on strength and flexibility to execute acrobatic movements, seamlessly, on-stage. Our program makes every child feel like they are improving, at their own pace, and feeling confident along the way. This fun and exciting program is a blast for everyone! There are 2 class options, where participants will be placed by the instructor into a Tech class based on their ability level. Participants may move from one Acro Tech class to another throughout the season. Participants must be enrolled in Acro Tech to be enrolled in Acro Choreo. **Lyrical/Contemporary:** Requisite(s): Ballet & Jazz (Flex, Progressions & Conditioning) *Acro Skills Class is recommended. Both lyrical & Contemporary are a fusion of ballet & jazz technique. Dancers use fluid, continuous & graceful motion to express feelings conveyed through the story & emotion of a piece of music. **Modern:** Modern is a form of dance that adds a new dimension to the dancers training. Starting at Level 4, this style allows dancers to further their emotional execution & express themselves through their movements. **Musical Theatre:** Musical Theatre is a form of theatrical performance that combines song, acting & dance. A strong performance on stage is a combination of technique & storytelling. This is a fun dance for all dancers! **Hip Hop:** Hip Hop welcomes everyone! This fun class will get you grooving from the minute you walk into the studio! This program will focus on proper technique of various Hip Hop styles, as well as incorporate the history of Hip Hop and how it has evolved to what you see today. If you are looking for fun and/or a challenge, try this class! Dancers are encouraged to enroll in **Hip Hop Tech 6 | Hip Hop Tech 7** which will be offered from Sept-Dec! **VIBE 'n' POMS:** Pom represents the intersection between dance and cheerleading! This fun, upbeat class will be a combination of our jazz and acro technique, executed with sharp cheer movements. And the best part... poms!!! Participants may be invited to compete this season. (Poms are provided). **Improve:** This is a fun, new, class that Acro & all competitive dancers are invited and encouraged to enroll in. This class will focus on performance skills, characterization of music, movement, audition skills and muscle memory (remembering choreo!)

PACKAGE on Jackrabbit	CLASS	DAYS & TIMES	LENGTH OF CLASSE(S)	COST		COSTUME FEE	Regulation Dancewear
7A (Require d if taking different genres except Hip Hop)	* Ballet (Ballet 7 & Ballet Tech 7) * Pointe 7	Wednesdays @ 5:45-6:40 & Thursdays @ 8:30-9:25	2 hrs/wk	\$150/payment	Ballet + Conditioning + Flex + Pointe \$150 + \$65 + \$55 + \$65 \$335/payment	\$210 (2 Costumes)	Black bodysuit, salmon convertible tights, canvas ballet shoes Pointe Info will be shared by instructor
		Wednesdays 6:45-7:25	45 min/wk	\$65/payment			
	* Conditioning 7 * Flex 7	Thursdays @ 7:15-7:40	30 min/wk	\$55/payment	Bundle Discount: Ballet + Pointe: 1h ¼ +1hr 15min \$85 + \$75 = \$160 Ballet + Point + Flex + Conditioning \$160 + \$35 + \$25 \$220/payment		
		Tuesdays @ 6:45-7:25	45 min/wk	\$65/payment			
67B	Jazz 7 * Package 7A is required	Tuesdays @ 7:30-8:25	60 min/wk	\$75/payment		\$105 (1 Costume)	Convertible light tan tights, bodysuit/fitted top & booty shorts OR fitted top & leggings. No Shoes
67C	Tap 7 * Package 7A is required	Tuesdays @ 4:30-5:10	45 min/wk	\$65/payment		\$105 (1 Costume)	Jazz attire & So Dance Lace Up Tap Shoe in black.
67D	Lyrical 7 * Package 7A is required	Tuesdays @ 8:30-9:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 7
67VP	VIBE 'n' Pom 7 * Ballet & Jazz are recommended	Wednesdays @ 8:15-8:55	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$30/payment	\$105 (1 Costume)	Same as Jazz 7
67F	Hip Hop 7 (No other classes are required)	Thursdays @ 7:45-8:25	45 min/wk	\$65/payment		\$105 (1 Costume)	Loose fitted clothing that can be worn over top dance attire if applicable & black Nikes with white soles
67FT	Hip Hop Tech 7 (Recommended if enrolled in Hip Hop)	(Sept-Dec) Tuesdays @ 6:00-6:40	45 min/wk	\$25/payment		-----	
67G	Modern 7 * Package 7A is required	Wednesdays @ 7:30-8:10	45 min/wk	\$65/payment	Discount if enrolled in 1 other class \$35/payment	\$105 (1 Costume)	Same as Jazz 7
AT1&2	Acro Tech (No other classes are required) Participants will be placed in either Group 1 or Group 2 based on their skills levels. Participants may change groups throughout the season.	Fridays Acro Tech 2 @ 4:30-5:10 Acro Tech 1 @ 6:00-6:40	45 min/wk	\$65/payment		-----	Jazz attire OR convertible light tan tights, sports bra, booty shorts. No shoes
AC	Acro Choreography * Must be enrolled in Acro Skills* Ballet & Jazz is recommended – if not enrolled in Ballet & Jazz, enrollment in Acro Choreo is at the discretion of the instructor	Fridays @ 5:15-5:55	45 min/wk	\$65/payment	Bundled Discount Acro Tech + Choreo \$65 + \$30 \$90/payment	\$105 (1 Costume)	
I1&2	Improve * Recommended for competitive dancers This is a free class offered to participants who are enrolled in the Acro Tech 1 &/or 2.	Fridays Improve 1 @ 4:30-5:10 Improve 2 @ 6:00-6:40	45 min/wk	Free if enrolled in 1 other class		-----	Same as Acro Tech/Choreo